



GP4YP aims to address the health needs of marginalised youth who do not readily access the mainstream health system, particularly young people with complex health problems. The Practice aims to improve the mental health & wellbeing of young people through preventing & reducing the development of mental health problems, providing effective treatment & continuing support & increasing the capacity of the health care system for those experiencing mental health problems & disorders.

GP4YP is unlike other general practices, it is staffed by youth friendly GPs who have a special interest in youth & emotional health. The service continues to have a primary mental health focus, which is evident through the main primary & secondary health issues & the continual inter referral that takes place between *GP4YP*, Fremantle headspace, Alma Street Centre (ASC) & South Metropolitan Child & Adolescent Mental Health Service (SMCAMHS).

***GP4YP* is not an emergency service** (e.g. immediate suicide risk or drug overdose) & in the event of an emergency you should contact Alma Street Centre (ASC) on phone 9431 3555 or South Metropolitan Child & Adolescent Mental Health Service (SMCAMHS) on phone 9336 3099.

COMMON PATIENT ISSUES

Common issues, which are addressed at *GP4YP* include, lifestyle issues, truancy, drug & alcohol, mental health, relationship difficulties, physical complaints, abuse, diet, adjustment problems & sexual health.

Young people can often have issues with access to primary care & are unaware of where to seek appropriate help for their complex needs. Many may have a 'family doctor' however when they get older & want to discuss more personal problems they often feel uncomfortable talking to them.

STAFF, PATIENT COSTS & CONSULTATION TIMES

GP4YP is unique as it is a **free service** (no Medicare Card required) & appointment times are 45 minute duration, which enables the GPs to address the complex needs of clients & build a rapport with the young people.

REFERRALS

Referral to *GP4YP* occurs through school nurses, GPs, Fremantle headspace, youth workers, families, friends or the young person can call to make an appointment.

Where appropriate, clients are referred to other services operating in the catchment area such as the Quarry Health Centre's sexual health service, Fremantle Community Youth Service, South Metro Youth Link & specialist counselling (South Metropolitan Drug Service Team) centres.

***GP4YP* is co-located with Fremantle headspace @ 235 High St, Fremantle.**

Contact

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