

## Fremantle GP Network Counselling Service

Fremantle GP Network's Counselling Service began in November 2002. This service involves General Practitioners and Allied Health Professionals (AHPs) working together to improving access to allied health psychological services (ATAPS), leading to better health outcomes.



### Target Group

Consumers aged 16 years and over who present to their regular GP with a mental health problem, who would benefit from short-term individual counselling, but are unable to access private psychological services, can be referred.

### Counselling Appointments

Approximately 57 hour-long counselling appointments are available weekly, in reporting period 1 July - 31 December 2009 1295 sessions were provided and 174 new referrals were made by GPs. Fremantle GP

Network has contracted eight Allied Health Professionals to deliver these services in local general practices and community centres throughout the Fremantle GP Network region.

### Current Host Practices

- Bicton-Palmyra Medical Centre
- Melville Family Doctors
- Palin Street Medical Centre
- Fremantle Family Doctors
- Canning Medical Centre
- Leeming Medical Centre
- Fremantle **headspace**
- South Lake Ottey Centre
- Leeuwin Medical Group
- East Fremantle Medical Centre
- Fremantle Women's Health Centre

### Referral Process

To refer to the FGPN Counselling Service, GPs must have a GP Referral Kit, which contains information about the service and the referral forms. If you would like a kit, please contact FGPN.

### Feedback from Allied Health Professionals

As a referring GP you can expect:

- Initial Report - outlining the patient's problems, strengths and a goal for counselling.
- Final Report - provided on completion of the final appointment.

### Contact

Fremantle GP Network

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